

DIGITAL CLASSROOM

Lessons for Week of May 25th

DIGITAL LEARNING

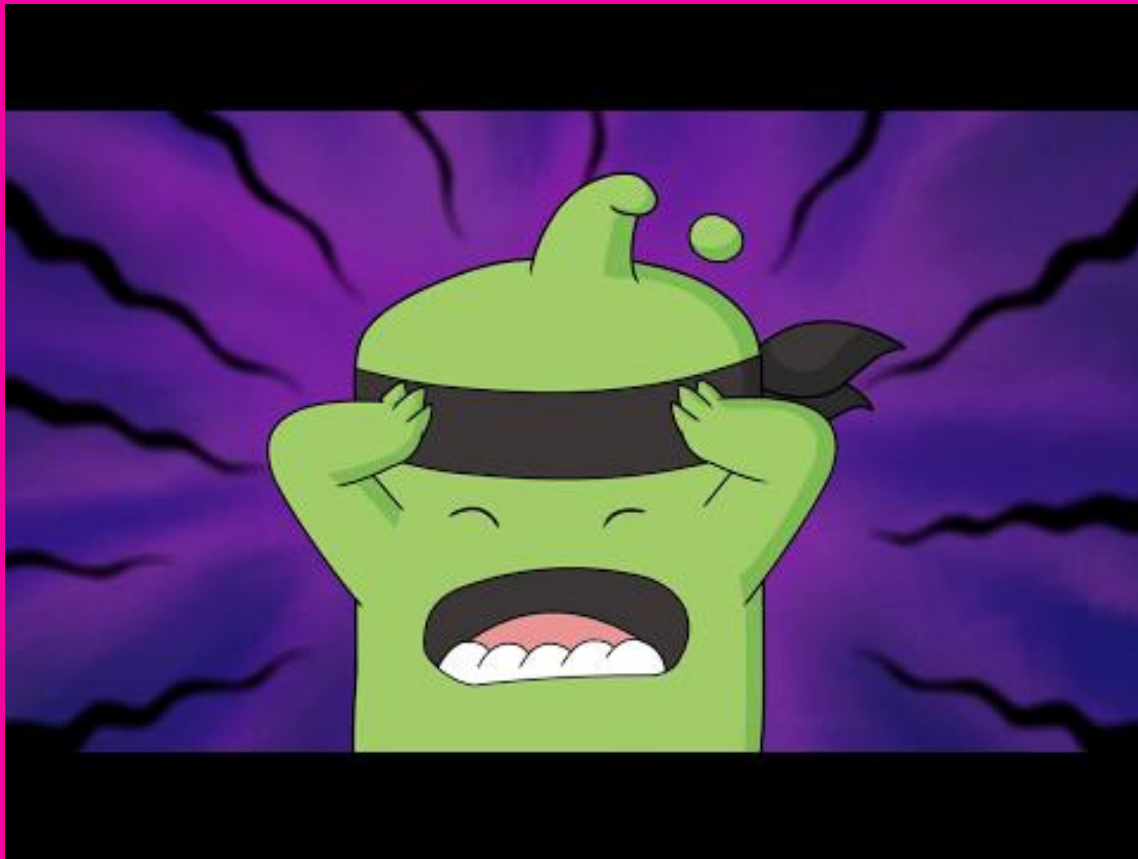
In a nutshell

For these next few weeks we are going to be switching to a digital learning platform, rather than in our classroom. Your lessons for the week will be on this powerpoint. You may do it all in one day or do each day separately, it is up to you! These slides will take you through the lesson through videos and assignments. Although we are not physical in the same room, I am always available if you need some help!

MONDAY 5/25: MEMORIAL DAY

Social Emotional Learning at Home

DAY 6



Think:

What is “the beast” in the video?

What made Mojo’s beast appear?

Think about a time you have experienced “the beast.”

Do:

Try the mindful breathing exercise on the next slide. Notice how you feel after.

Activity:

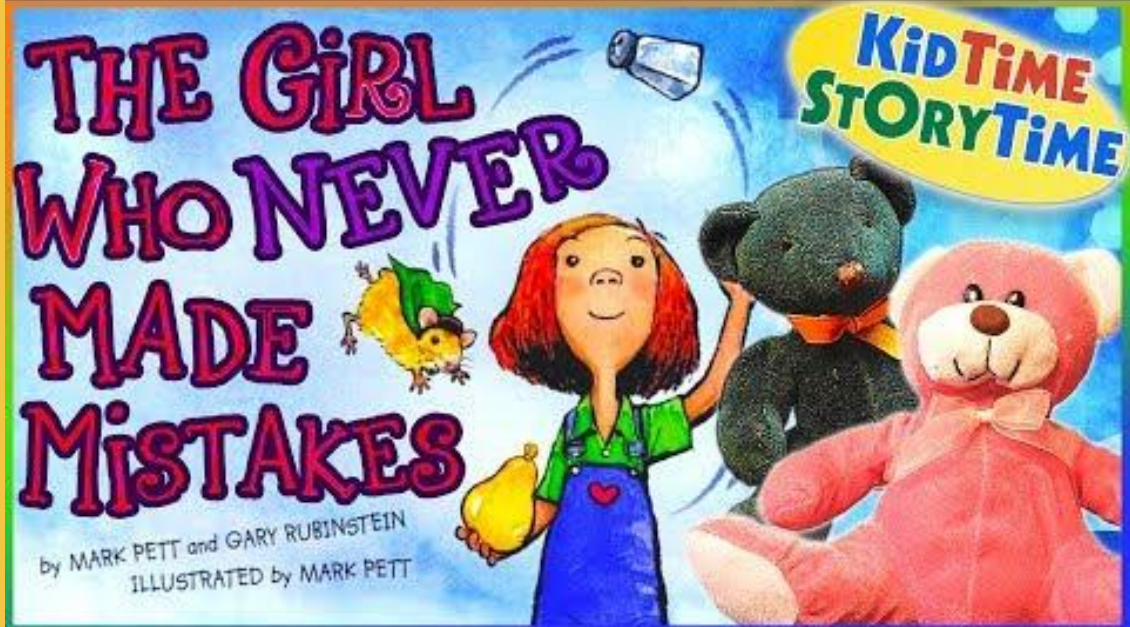
Reflect on a time that you faced your “beast”. Write them a letter [here](#).



TUESDAY 5/26

Social Emotional Learning at Home

DAY 7



Think:

How do you feel about making mistakes?

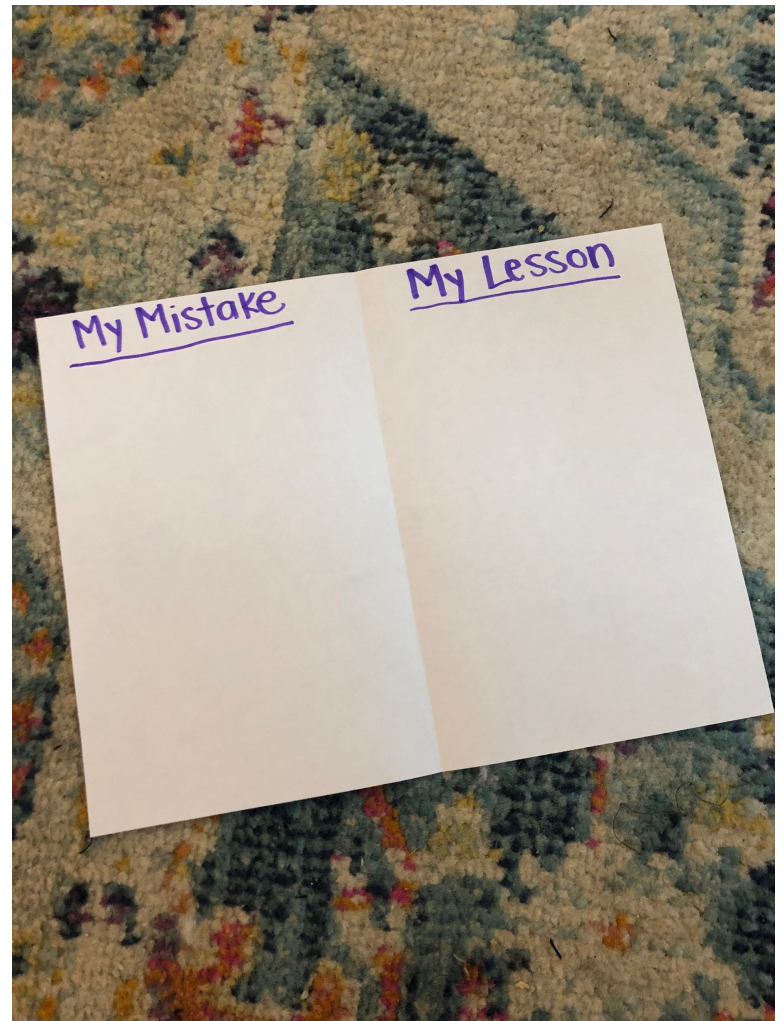
Were you ever afraid of something but you did it anyway? What made you try something scary?

Beatrice “felt her stomach jumping around inside her.” How do you think she is feeling? How do you know?

In your opinion, which is more important: learning from your mistakes or being perfect?

Activity:

Fold a piece of paper in half. On one side, write about a mistake you have made. On the other side, write the lesson you learned from your mistake.



LET'S TAKE A FIELD TRIP!

Where do you think we are going? Here are some hints!



Field Trip!

WEDNESDAY 5/27

Social Emotional Learning at Home

DAY 8



Think:

What is a growth mindset?

How did Michael Jordan have a growth mindset?

Why would coaches want someone with a growth mindset?

What is the difference between a growth mindset and a fixed mindset?

How did Carson, the 5th grader speaking in the video, use a growth mindset in reading?

How can you have the mindset of a champion?

Activity:

Use your growth mindset to think about something you want to accomplish, but have not here. Talk about it [here](#).



LET'S TAKE ANOTHER FIELD TRIP!

Here is today's hint!

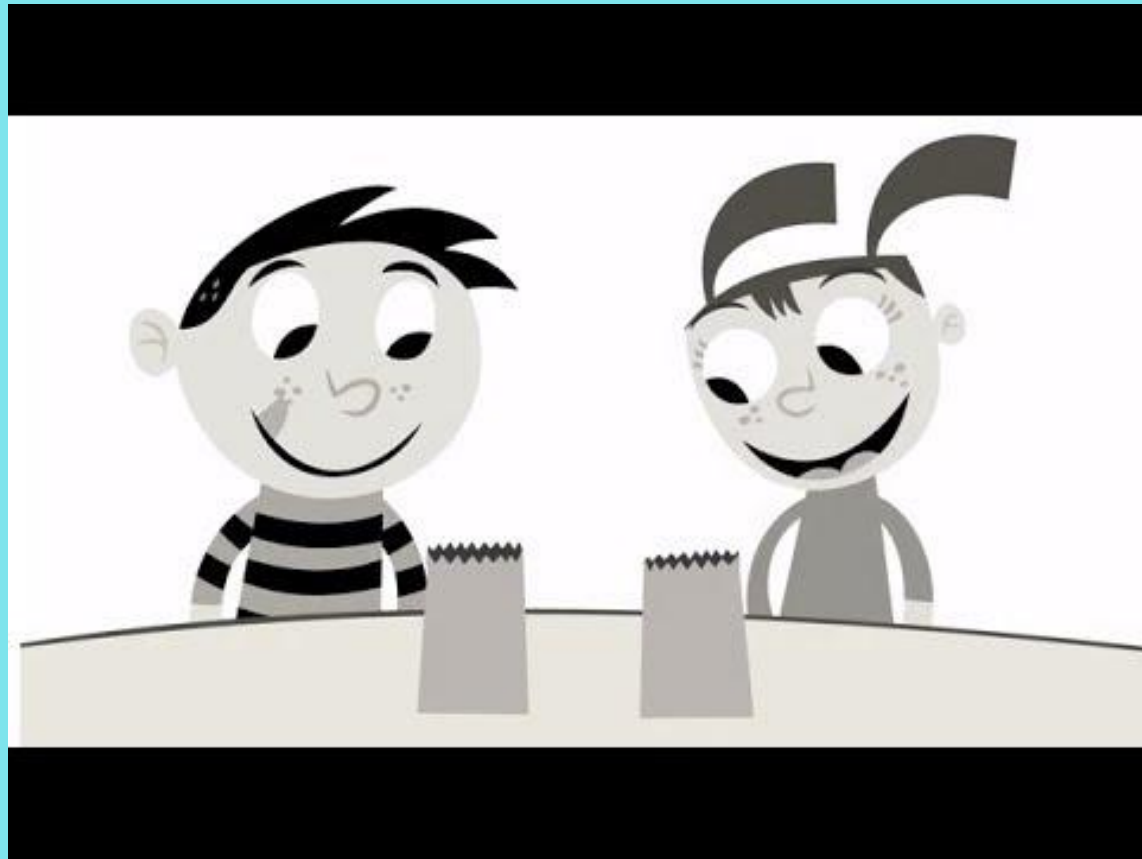


Field Trip!

THURSDAY 5/28

Social Emotional Learning at Home

DAY 9



Think:

What do you see happening in the video?

What is happening to add color?

How can you color the world around you?

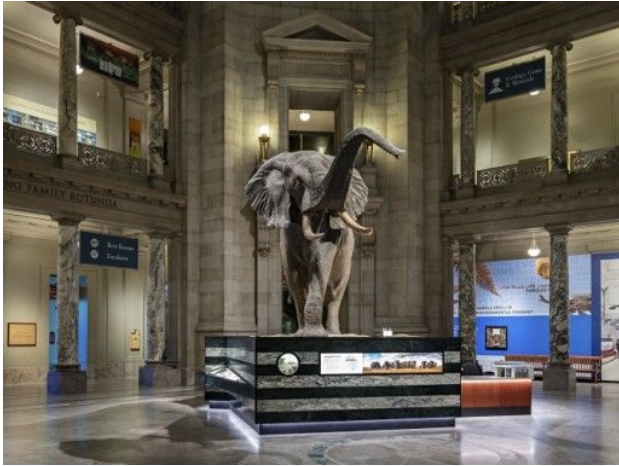
Activity:

Respond to the prompt [here](#) and tell us how you can color your world!



ANOTHER DAY, ANOTHER FIELD TRIP!!

Where to today??



Field Trip!!

FRIDAY 5/29

THE LAST DAY OF SCHOOL!!!

Social Emotional Learning at Home

DAY 10



Think:

What is an example of a conflict from the video?

When have you felt angry or frustrated over a conflict?

Why is using anger or frustration not the best choice?

What is a strategy for calming down?

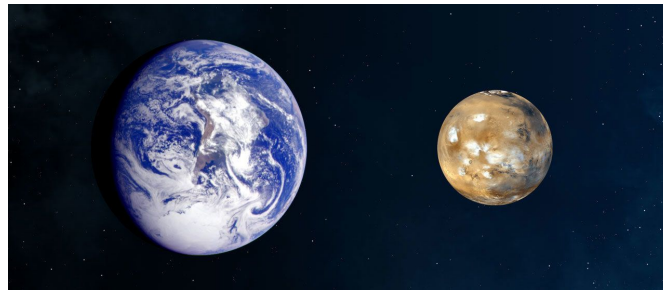
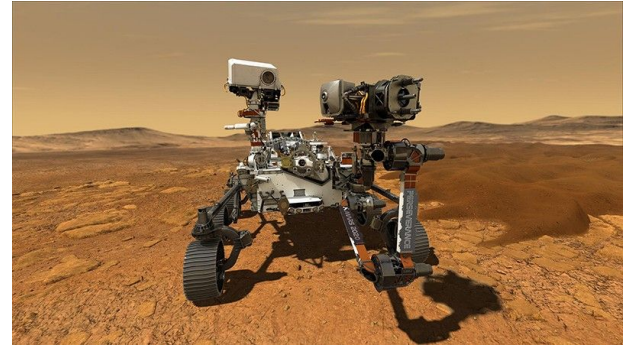
Why should you not ignore every conflict?

Activity:

Write about a time you had a conflict. What happened? How did you work to solve the problem? Would you do anything differently next time?



TODAY'S FIELD TRIP IS OUT OF THIS WORLD!!



Field Trip!!